

Dear All,

I hope the longer daylight hours and the arrival of the vaccine are helping people feel more cheerful. As you will be aware from the national news we have no information on when WAC will be able to reopen for activities. If you need something with which you think WAC could help you can email us or the phone (020 7261 1404) is still being answered Mondays and Weds 10-3 and Fridays 10-2.

Anyone who is older or with disabilities who is having difficulties with a computer, tablet or smartphone with which they think they might be able to be helped over the phone or by Zoom can email Chris on [chrisdwac@gmail.com](mailto:chrisdwac@gmail.com) or Akin on [akinwac@gmail.com](mailto:akinwac@gmail.com) to see if they can assist.

In case the longer daylight hours gives anyone more energy for something new:-  
D. Rosier has let us know that the [Open University](#) has over 900 free online courses at 3 different levels.

Re recipes. Thank you. Three people have sent favourite recipes but contributions from a few more people would be useful.

An updated list of Zoom classes run by people involved with WAC is attached.

Alan suggests that when we have a party, when we can get together, it should include a display of the wide range of different arts and crafts WAC people have been engaged in during lockdown so, if you are being creative, could you put one or two things aside to bring for that happy occasion?

Also info we have been asked to circulate by:-

PAIL (Positive Ageing in London) - attached

[Bobtail Fruits](#). (They are the small local firm who donate fruit for WAC clubs on Tuesdays and Thursdays). They usually sell to offices but during lockdown are delivering to people's homes - minimum order is for £18. There is a charge if outside their core delivery area. This info can be obtained from the attachment as can the list of items they can deliver. [Click here](#)

[Information on Carers4Carers](#) and other topics from Age UK Lambeth. [Click here](#)

Stay safe

Best wishes Jenny

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