

Shopping List

Milk (UHT or powdered)
Sugar (500g)
Fruit juice (carton)
Soup
Pasta sauces
Sponge pudding (tinned)
Tomatoes (tinned)
Cereals
Rice pudding (tinned)
Tea Bags/instant coffee
Instant mash potato
Rice/pasta
Tinned meat/fish
Tinned fruit
Jam
Biscuits or snack bar

Please help feed local people in crisis by buying items from the list and donating them to your nearest foodbank.

Thank you!

