

Dear All,

I am sorry that there has not been time to send one of these recently. I hope you are OK. Most of us are depressed by how things are dragging on but there are some signs of light - darkest hour is just before the dawn? In the meantime please continue to take care and to continue to help others keep their spirits up.

Franck's Happy Thursday zoom sessions are still running at 2.30 on Thursdays. The code to get in is <https://us02web.zoom.us/j/2696560548?pwd=am5hWjEpNVBReGZJUmtR2NIUldmZz09> New people very welcome to join in or at 3pm for a dance session led by Jean Leclerc. It is the same link.

or Sheila Dickie's Gentle Exercise class is on Zoom at 10.50am on Tuesdays . <https://us04web.zoom.us/j/78622384546?pwd=MHJkeUdCb2dhWTErRjBRYmlaeDdNZz09> Meeting ID: 786 2238 4546 Passcode: wac10

A list of zoom sessions connected to WAC is attached. Still don't know how to use Zoom? Contact Chris Dann chrisdwac@gmail.com He is one of the 2 IT specialists working part-time to help older people and people with disabilities with computer/smartphone/tablet issues.

Unfortunately Alan, WAC's Bookings Manager, is likely to leave at the end of January as he will be moving to Brighton. We will miss him but hopefully most other things about WAC will be as you knew them when you return. The post - which will be just afternoons - is being advertised now and information is on WAC's website. We need someone with a lot of relevant experience eg bookings, health and safety, staff management but not necessarily obtained in a community centre. Alan got much of his through arranging conferences etc in hotels.

One or two things which had to close for the November lockdown but have reopened this week in WAC eg children's ballet and also drawing classes. WAC is shutting from 21st December until 11th Jan. After that we hope there will be a gradual reopening of things. What is possible when depends if there is a post Christmas spike in infections and also that longed for vaccination.

Except for 21st Dec -11th Jan phones will continue to be answered in WAC on Mondays, Weds, Thursdays and Fridays. Val Weds, when Carol is here. They will continue to help older people and people with disabilities from Lambeth and Southwark with benefits issues. WAC's phone number is 020 7261 1404.

Asher is aiming to get the secondhand books and bric-a-brac on sale again from Friday but it can only be outside so depends on the weather. .

You can always email David on wac.office1971@gmail.com.

Here are a number of things which we have been asked to pass on :

AgeUK Lambeth [Advanced Care Planning](#)

AgeUK Lambeth [Community Development Newsletter December 2020](#)

NPC Webinar on Ageism, Human Rights & Hate Crime [Link](#) [Link](#)
Moving Qi TaiChi [latest newsletter](#)

Take care so we can all welcome the spring when it comes and see one another again in WAC.

Best wishes
Jenny

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