

Dear All,

While the Government alert warning for London re Coronavirus lasts WAC is not re-opening for further organisations or taking new bookings (except NHS). This does not affect groups who have already restarted back in WAC but does affect all others and new groups. If you wish to go onto a list to be informed when we are reopening more widely for activities please inform wac.buildings@gmail.com . Very sorry about this as we know people are longing to get together again and that the crisis has just gone on too long. We are all weary of it and fighting a battle a second time always seems more uphill than the first time and this one will be in winter.

Congratulations to all those who have been phoning others throughout the crisis - friends, anyone you think may be lonely. That so many are keeping such friendships going, just like you do when you are here, is WAC's biggest strength.

As throughout the crisis Val (advice worker for Lambeth and Southwark residents older people and people with disabilities) can be contacted on 020 7261 1404 on Mondays and Fridays 10am – 3pm and Carol, the very experienced advice volunteer, will resume volunteering here probably on Wednesdays. Unfortunately people's problems are rising.

For other matters you can get through by phone on Mondays, Wednesdays and Fridays 10am – 3pm 020 7261 1404. Or at any time you can email wac.office1971@gmail.com and we will reply as soon as possible.

Help with computers/tablets/smartphones. With autumn coming more people are realising that their lives would be better if they could do more using IT from home. WAC has some short term funding to employ IT specialists to help Lambeth residents who are over 60 or with disabilities. Currently this includes help at home to some people who are isolating and sessions in WAC for individual help on Mondays, Weds, Friday mornings 11-1 . Wear masks, social distancing, bring your own device if possible as it is easiest to learn on your own. WAC does have PCs here. The aim is to give individual attention so people learn to do what they each want to do. Contact Chris chrisdwac@gmail.com. If you are not from Lambeth but want help please let me know jennystileswac@gmail.com. The project is proving so useful that we will try to obtain further funding, including for a wider area.

Using Zoom. This is an important tool to learn as then makes it easier to help you learn other IT things while you are at home, because you can see what the IT specialist is showing you. Also there are now lots of things on Zoom run by WAC and other organisations, WAC has sessions specifically to help people get onto Zoom. Next one Tuesday 6th Oct 10.30 - 12. We can also try to help people isolating learn Zoom Contact jennystileswac@gmail.com

Join WAC activities on Zoom - [click here for list](#) Please note that from now on **Jean Leclerc's seated dance session - on zoom from will be at 3.30 pm on Tuesdays (see list) .**

We have been asked to pass on the following:-

- **Lambeth Carers Card - Virtual Launch Event - Facebook .**

Join us as we launch the Lambeth Carers Card on 14th October at 10.30am. We will be running a virtual session to showcase how the scheme provides support and resources for unpaid carers in Lambeth. There will also be a chance to hear from Carers UK about the fantastic digital resources available for free via scheme.

We will be streaming the launch live on the [Carers Hub Facebook page](#) and welcome viewers to join us to find out more about the new offers and comment questions you may have.

If you have any questions about the event please contact info@lambethcarerscard.org or call 020 7501 8973.

The Lambeth Carers Card scheme is being delivered in partnership by Carers' Hub Lambeth and MYsocial and is open to unpaid carers aged 18+ living in Lambeth or caring for someone who lives in the borough. Find out more at www.lambethcarerscard.org.

- **West London Mission** is running two six-week **Money Matters courses online and in-person in October**. See [flyer](#). For further information please contact Abel Solomon on 07903 629544 or Abel.Solomon@wlm.org.uk or go to the website for more information about West London Mission: www.wlm.org.uk Enrolment Day – Monday, 5th October, 10.00 -12.00
- **Info from Age UK Lambeth** latest [newsletter here](#)
- **Jean Leclerc's Line dancing** in Kennington Park takes place each Wednesday - [Poster here](#)

Best wishes Jenny