

26th May 2020

Dear All

1) [The Irish Cultural Centre](#) is launching a Culture Hotline – allowing for people to ring in or join online and hear songs, poetry, storytelling, and music to combat isolation, loneliness, and boredom. Launches Wednesday 27th May 2020 at 2pm! You only need a phone for this. Songs to sing along with Anthony McGrath. To listen in on the phone all you need to do is call one of the numbers below.

- If you have a contract with unlimited minutes please dial: 020 3443 9152
- If you are on Pay As You Go or have limited minutes please feel free to dial toll-free number: 0800 031 5925

You will be prompted to enter the following Conference ID: 700 080 928#

To watch live performances online you can download a free version of Microsoft Teams [here](#). Once you've downloaded Teams, click [here](#) to view the performances.

They will have a London Irish Centre representative on hand to assist with any potential welfare issues.

2) Free TV licence for people of 75+ The BBC has decided that, because of coronavirus and the challenges to the UK, changes to over 75 licences won't now happen until 1 August. Your current free licence will remain valid until then. The National Pensioners Convention is continuing to campaign for the continuation of free licences. The local branches of this organisation are [Lambeth Pensioners Action Group](#) and [Southwark Pensioners Action Group](#). The BBC will make a decision before 1st August.

3) Scams on computers and smartphones. There seem to be more of these than ever. Including ones which try to panic you into doing things quickly. It is hard not to fall for these. We just have to be careful and especially give yourself time to think. One scam is to try to tell you you haven't renewed your TV licence but you have probably seen lots more attempted scams.

4) Promela from WACi Arts recommends a programme on BBC 4 at 7pm weekdays [The Joy of Painting](#) which helps improve drawing and painting skills

in a very nice manner. Perhaps all WACi Arts should get onto it or Promela will be outshining you when we all get back!

5) Join other WAC members every Thursday at 2pm on Zoom for a friendly chat and to say hello. All you need is internet connection and a computer or smartphone. Just let us know if you would like to join in and we will send you the link.

JOIN US FOR A CHAT
MEET FAMILIAR FACES EVERY THURSDAY
Ita, Josiane, Victor, Mary, Sheila & Sheila, George, Jenny, Josie, David, Marie-Ange,
Uzonna, Charm and many more...



We can help you to set up Zoom so that you can join our Thursday video calls. It is easy!
If you are interested, please just reply to this email telling us if you use a computer, a tablet or a smartphone and we will send you simple instructions.

[Jean Leclerc](#) invites you to his next virtual party on Saturday 30 May 21.00 - 22.00 JAMBALAYA PARTY

Come and have fun in the bayou.

We will play Cajun music from Louisiana, including Zydeco, Two step, Waltz, Jitterbug, Swam & Cajun blues. And like the latin party we will take you through some simple steps and line dances so join the fun. To put you in the mood dim the lights, have some cajun food and drink and dress Louisiana style.

If you want to learn the line dance in advance of the party.

Join us this Monday, Thursday and Saturday from 4pm to 5pm on Zoom

Join Zoom Meeting

<https://us02web.zoom.us/j/2696560548?pwd=am5hWjFpNVBReGZJUmtpR2NIUldmZz09>

Meeting ID: 269 656 0548

Password: Jean

Rocking regards

Jean Leclerc

Laura's Qi-gong classes continue on Zoom on weekdays 10-10.30. These can be free although donations welcome. Information about these and her other classes <https://movingqi.weebly.com/laura@movingqi.co.uk>

If you have difficulty accessing anything in these updates please let us know by email.

David and Jenny will be at WAC 020 7261 1404 on Weds and Val and David on Friday. and then Val and Jenny next Monday. All 10am- 3pm.

Best wishes

Jenny

Jenny Stiles BA, MSc (Social Policy Analysis and Development), Post Grad Diploma in Social Work (LSE), Post Grad Diploma in Social Administration.

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