

Dear All,

We are all missing seeing one another and the news is not cheerful but those with computers/ tablets/ smartphones can meet up virtually on Thursdays at 2.30 just by clicking on <https://us02web.zoom.us/j/2696560548?pwd=am5hWjFpNVBReGZJUmtR2NIUldmZz09>

Further info on attachment.

Are you struggling with something you would like to be want to do on your IT device, including how to go on Zoom? You may be able to get free help from Chris or Liam , IT specialists who are working for WAC each 7 hours a week thanks to a grant from The Walcot Foundation. Please hurry if you would like help as this is only available for the next month. There are sessions in WAC, which now include some for beginners. Or if you cannot get into WAC it may be possible to provide guidance at home.. This project has made a great deal of difference to many users. So don't be shy. If you would like help with a computer/ Tablet/ phone please email chrisdwac@gmail.com Or speak to someone on the phone at WAC Mondays Val or Jenny, Weds David or Jenny, Friday Val or David. 10-3pm 020 7261 1404.

Activities which have restarted in WAC (all need prebookings to ensure distancing) are

- Children's Ballet contact www.dtdance.com
- Karate – 10 years to adult renshinkanlondon@gmail.com
- Life drawing – See <http://londondrawing.com/online-creative-sessions/>
- Sword Fencing www.southlondonfencingclub.co.uk 07923 481 543
- Divine Word of God Church (one of about 6 churches which normally meet in WAC)

Users of many other activities are also keen to get back - but we have to go on waiting. Seems endless doesn't it! However one treat for anyone who lives near Kennington Park and has enough energy for Line Dancing is that Jean Leclerc is very enterprisingly going to try running his class outdoors from tomorrow Weds 23rd. Please see attachment for more information.

There are also several other WAC activities, in which people can participate on Zoom and see people they know. . This includes Gentle Exercise which will be at 11am next Tuesday. Please let me know if you would like the link address when it is available - jennystilesvac@gmail.com. For other Zoom sessions please see attachment.

I hope you are taking good care.

Best wishes Jenny

Jenny Stiles BA, MSc (Social Policy Analysis and Development), Post Grad Diploma in Social Work (LSE), Post Grad Diploma in Social Administration.

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